

Infrared Imaging Information: Breast

Patient Information

Breast Screening with Infrared Thermal Imaging

Purpose of test:

For early detection of abnormal changes in the breasts

Patient Preparation:

Complete all paperwork prior to your arrival. If you have questions, call the office. If this is not possible arrive 15 minutes early for your appointment and complete the necessary paperwork at that time. All information is confidential and is used by the physician to evaluate your thermal images.

Avoid a hot shower at least 4 hours prior to exam.

Do not smoke for 2 hours before the exam.

Do not use lotions or powder on your breasts on the day of exam.

Avoid application of deodorant if possible.

Do not shave the day of the exam to avoid skin abrasion.

Avoid sun exposure for extended periods of time the day before and on day of exam.

Please provide a list of medications either prior to or at time of exam.

Notify the technician if you are taking Beta Blockers as a medication.

You will need to disrobe from the waist up and acclimate to room temperature for 15 minutes prior to your scan. The scan will take approximately 30 minutes.

If you are disabled or unable to sit or stand for long periods, notify the scheduling technician. Complete testing requires your cooperation to image all areas effected.

A “stress test” is usually included in your procedure. This involves chilling the hands or feet to produce a physiological response. This helps to provide additional information to the physician who will read your scan.

Test Results:

Once your scan is complete it will take approximately _____ before your results will be available. We will either call you with the results and/or mail you a copy of the information.

Your scan results will include a re-call period from 6 weeks to 12 mo.

You are welcome to bring a companion or partner to be present during the exam. It is non-invasive and non-contact test. The total time necessary to complete the procedure is approximately 45 min.

Infrared Imaging increases the chance of early detection of breast disease. Like all procedures it is not a 100% guarantee of detection. A complete program of breast health includes: Monthly self exam., Annual physician exam, Annual thermal imaging and Mammography as indicated (with an initial baseline at 40 years of age.) Ask your health care provider for additional information.

Patient Signature: _____ Date: _____

Tech Initial: _____
Date: _____